



**WHERE LEADERS ARE MADE**

## D26 LEADERS

**Rhea Thompson**, District Director

**Marcia Wood**, Program Quality Director

**Mike Akins**, Club Growth Director

**Darryle Brown**, Immediate Past District Director

**Marieta Ferrington**, Public Relations Manager

**Cynthia Cunningham**, Administration Manager

**Katrina Johnson**, Finance Manager

**OPEN**, Extension Chair

**Colette Smith**, Retention Chair

**Alexander Pyle**, Technology Lead

**Greg Harris**, Webmaster

**Trixie Hunter-Merrill**, Social Media Chair

**Ray Mohr**, Speakers Bureau Chair

**Lori High**, Quality Events Chair

**Michelle Mras**, Newsletter Editor

**Check the District Calendar**

For District Events

[www.D26Toastmasters.org](http://www.D26Toastmasters.org)

# District 26 Dialogue

Serving Colorado, Wyoming and Western Nebraska



A Message from our

District Director

**Rhea Thompson, DTM**

## Welcome 2018, good bye 2017!

Each new year brings with it the promise of new opportunities; new relationships, new places to explore on vacations, possibly a new exciting job or the purchase of a new home.

Opportunities come in many forms but don't just drop into our laps. Signs of new opportunities are all around us. As Toastmasters, we have opportunities to develop new relationships by deciding to join a second club. Opportunities abound to help us develop new leadership skills by deciding to volunteer for a club officer role, taking on the task of being the chair for a membership building contest or "throwing our name in the hat" for a District leadership position.

There are also other types of opportunities. Opportunities to tell someone how much they are appreciated, opportunities to help others, opportunities to show family members they are loved, opportunities to be grateful and opportunities to apologize to those we may have offended.

All opportunities are given us to challenge us and help us grow as individuals. We are all "leaders" in our respective roles within our family, our jobs and our community. Let's all "Raise the Bar by leading with Excellence".

Will you open the door this year when "opportunity knocks"?

**Division Directors**

- Denver, **Carolyn Conover**
- Eastern, **May Tran**
- Foothills, **Laria Lovec**
- Metro, **Howard Levine**
- Northern, **Janice Haldi**
- Southern, **Victoria Cox**
- Urban, **Joy Davidson**

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**A Message from our  
Program Quality Director  
Marcia Wood, DTM**



**Press The Pause Button**

When you feel the strain, how hard is it to avoid the negative thoughts? Very hard. How easy is it to give up? Very easy. But I have heard it said that the famous inventor Thomas Edison did not fail thousands of times to invent the light bulb. Instead, he found thousands of ways his invention did not work that would ultimately lead him to the way in which it would succeed.

When you think that there are opportunities nowhere, I invite you to press the pause button. It could be as easy as adding a pause in a new place.

When you see:

OPPORTUNITY NOWHERE,  
Pause. Change it to:  
OPPORTUNITY NOW HERE!

Now you can hope for success. Well, OK, you might say. That is a great concept, but how can I identify the steps to accomplish my goal?

Whether it's your fellow Toastmasters members, or a team of associates at your job, I suggest you take these actions:

1. Connect — Connect with everyone on your team.
2. Create — Create a vision and mission for you and your group.
3. Agree — Agree on the steps to achieve your purpose.
4. Complete — Follow through to completion.

Hooray! Pat yourself on the back! You proved there is:

OPPORTUNITY NOW HERE!

But I invite you to press the pause button again. Not only is opportunity now here, but there is something else:

UNITY NOW HERE!

The essence of a successful team is to be unified. No getting around it. Good luck and visualize success!

## Mission Statements

### Toastmasters

#### International Mission:

We empower individuals to become more effective communicators and leaders.

#### District Mission:

We build new clubs and support all clubs in achieving excellence.

#### Club Mission:

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

### Check the District Calendar

For District Events

[www.D26Toastmasters.org](http://www.D26Toastmasters.org)

Facebook/  
D26Toastmasters

Twitter@D26Toastmasters

A Message from  
Club Growth Director  
Mike Akins, DTM



## Happy New Year!

We may have turned the calendar to 2018, but we're just emerging from our Toastmasters halftime pep talk. Time for a full court press towards our personal and club goals before the June 30<sup>th</sup> fiscal year-end horn.

Please welcome our newest chartered club.

Lockmasters #6722649, Closed, Denver, CO  
Chartered 12/1/17 by Blake England and Mark Doty

Please also welcome Angela Schnaubelt, DTM, as our Urban Division Retention Coordinator.

**We need your help!** We plan to charter another 12 clubs during the second half to expand our Toastmasters family. Our District also has many coach-eligible clubs that seek the right person to help revitalize them, earning you an important step towards Advanced Leadership Silver. Please email your contact info and preferences to [cgd1718@d26leaders.org](mailto:cgd1718@d26leaders.org) if interested in one of these important roles:

- Extension Chair – primary District contact to launch new clubs
- Extension Coordinators: Eastern, Foothills or Northern to help launch clubs
- Retention Coordinators: Eastern, Northern or Southern to assign club coaches
- Club sponsors – help launch new clubs
- Club mentors – help newly chartered clubs for at least six months
- Club coaches – help revitalize clubs with 1-12 members to become Distinguished

Thanks in advance for your help **building** new clubs and **supporting** all clubs in achieving excellence.



Marieta Ferrington  
Public Relations Manager

## Six Things to Know About the Upcoming Third Toastmasters Networking Event

January 25, 2018 at Howl at the Moon

Denver, Colorado

5:00PM to 7:00PM



Event photo credit:  
Randy Ellis  
Photography

1. Most of us share the unique loathing of hearing a recording of our own voice, so our gift to you this January are the vocal variety & body language skills presented by Michelle Mras, Inspirational Speaker, Coach and Author.
2. Learn new principles of business networking from Mark Ryan, regional partner for Master Networks Colorado.
3. Bring plenty of business cards, because in addition to being an important tool for networking, you can drop one for a chance to win a *Starbucks* gift card.
4. This is a free event open to Toastmasters and their guests - it is fun to mingle with inspirational professionals!
5. Feel free to continue your Thursday evening at the iconic Howl at the Moon piano bar and continue practicing what you've learned.
6. We have all dismissed invitations because we never really think we're included, but YOU ARE! We would love for you to join us!



Michelle Mras



Mark Ryan

## Calling All Toastmaster Club Officers!

### First TLI of 2018 - Southern Division

By: Victoria Cox, Southern Division Director

I am very excited about being the first division to host a TLI this year because Pathways is coming soon and we have an exceptional guest speaker to share her knowledge with us. Natalie Palmer is new to District 26 and brings so much excitement and knowledge about Pathways.



I have asked that all my Area Directors aka “The S-Men” to put the word out that we would like all members of the Southern Division to attend the keynote speech. We want everyone to get as much information as possible about the new program, so they will understand how it will affect them as well as their club.

We are encouraging everyone to first make sure you have a login in profile through the main website and review the information provided about Pathways.

I look forward to seeing everyone on **January 6, 2018 at 8:30 AM** at The Navigators, 3820 N 30th Street, Colorado Springs, off Garden of the Gods Road.

## Be Inspired at the TLI: Know Your Reasons, Role and Resources as a Toastmaster

By: Beth Baker Owens

Attend the Denver Metro **Toastmasters Leadership Institute** (TLI) January 13, 2018 at the Anchutz Campus.

Be entertained, inspired & trained for your role by some of our best Toastmasters. Do you want to make the next six months of your term as a club officer excellent? Check the District 26 Calendar for details about times and exact address.

Use this link to [register](#) for the TLIs.

Enjoy sharpening your skills for sharing Toastmasters with others as World Champion of Public Speaking Ed Tate presents, “Pitch to Win”. Be inspired in JB Braden’s keynote, “How to be an Innovative Leader with a Champion’s Mindset”. Learn specifics of your upcoming club role while earning points toward Distinguished status for your club. Hear about Pathways Learning Experience arriving in March.

Discover more free resources. Explore in one of these four topics: “Servant Leadership” by Nic Breen, “Managing Agendas in 15 minutes/week” by Mike Akin & Gretchen Vaughn, “Put Your Dream to the Test”, by Rich Patterson, “5 Techniques to Harness Fear & Deliver a Powerful Speech”, by Tim Nicklas. Become empowered and inspired by world class speakers and trainers.

District 26 Toastmasters has been invited to use the new, state-of-the-art facilities at the Anchutz campus of CU Medical School. Located behind Children’s Hospital, it is close to I-70 and I-225 in Aurora. The shuttle bus delivers people from the light rail stop to the classroom building door. Parking costs \$1 for the day in the adjacent lots.

Know your club role, discover more resources, clarify your reasons for being a leader in Toastmasters.



## The Timely Gift of Pathways Learning Experience

By Marcia Wood, Program Quality Director 2017/2018

(Apologies to Clement Moore who wrote “The Night Before Christmas” in the nineteenth century. )

“T”was the month before rollout, and all through the west,  
The guides and ambassadors gave it their best  
To visit their clubs and present all the ways  
The program called Pathways would brighten our days!

The program is launching all over the region—  
From Alaska to Nebraska, 900 clubs are a legion!  
These guides and ambassadors are all volunteers  
Who’ve learned how to help us conquer our fears . . .”

In this time of giving and receiving gifts, please accept the gift from your Pathways guide and ambassador. Embrace their message when they visit your club!

Thanks to the volunteers who will visit their division’s clubs:

- **Denver:** Pat Condon, Jose Gastaldi, Hal Lunka, Carol Pace, Lisa Shook, Manuel Solis, Nancy Spurry, Marta Welch.
- **Eastern:** Bradley Beck, Hugh Curley, Diana Hutchinson, Teri Morrison, Meg Dyer, Tod Shook.
- **Foothills:** Penny Alleman, Bill Crawford, Jennifer Dunne, John Googins, Ann Hill, Lori High, Rich Hopkins, Sharon Koenig, Tom Kost, Terry Ploski, Kathy Puseman, Nancy Swartz, Jean Walter.
- **Metro:** Mary Armstrong, Laura Daniels, Peggy Evans, Shu Ji Liang, Cynthia Schuller, Carol Wegleitner.
- **Northern:** Pattie Koop, Joe McCarthy, Natalie Palmer, Stacey Williams.
- **Southern:** Dale DeMarchi, Keith Horowitz, Chris Mortensen, Rich Patterson, Patty Saunders, Bonnie Ann Smith, Rosie Suerdick.
- **Urban:** Nicole Johnson, Diane Nuss, Susie Overton, Alan Swartz.

“And I heard them exclaim as they drove out of sight,  
Happy Pathways to all, and to all a goodnight!”

## RAISE THE BAR! District 26 Incentives 2017-2018

### IF YOU ARE A CLUB....

REACH DISTINGUISHED	YOUR REWARD
Membership renewals submitted and DCP Goals achieved to qualify for Distinguished status on March 31 <sup>st</sup>  Achieve President's Distinguished Achieve Select Distinguished Achieve Distinguished  <b><u>Not Distinguished by March 31<sup>st</sup> - Second Chance!</u></b>  Reach Distinguished status by May 31 <sup>st</sup>  Achieve President's Distinguished Achieve Select Distinguished Achieve Distinguished  PERFECT 10 - All 10 DCP Goals achieved!	\$50 Gift Certificate \$40 Gift Certificate \$30 Gift Certificate         \$25 Gift Certificate \$20 Gift Certificate \$15 Gift Certificate  \$60 Gift Certificate
TRAIN YOUR OFFICERS	YOUR REWARD
All 7 officers trained at either session	\$25 Gift Certificate
GROW MEMBERS	YOUR REWARD
Achieve all three membership building awards - Smedley, Talk Up Toastmasters & Beat the Clock Awards  Achieve any two consecutive membership building awards (Smedley & Talk Up Toastmasters <b>OR</b> Talk Up Toastmasters & Beat the Clock) - exclusive of earning all three membership awards)	\$75 Gift Certificate   \$40 Gift Certificate

### IF YOU ARE A MEMBER...

ATTEND CONFERENCE	YOUR REWARD
Attend Conference for the first time	Where Leaders Are Made Pin
EARN EDUCATIONAL AWARD	YOUR REWARD
Achieve three different Educational Awards (first time achieving this)  Achieve DTM Award	Triple Crown Pin (awarded during Hall of Fame event)  DTM Medallion (awarded during Hall of Fame event)
SPONSOR A MEMBER (MUST PERSONALLY INVITE GUEST WHO LATER BECOMES A MEMBER)	YOUR REWARD
Members must be sponsored within Toastmasters year (July 1-June 30)  Sponsor 5 members Sponsor 10 Members Sponsor 15 Members	\$10 online Gift Certificate + blue pin from TMI \$25 online Gift Certificate + burgundy pin from TMI \$50 online Gift Certificate + 25% off next online order



HELP CHARTER A CLUB	YOUR REWARD
Charter a new Club before June 15, 2018	D26 Computer Bag (OR Computer Messenger Bag when inventory of D26 Computer Bag is depleted) + \$50 Gift Certificate
Submit a lead for a new club (member does not charter club) and club charters before June 15, 2018	\$25 Gift Certificate
IF YOU ARE AREA DIRECTOR...	
AREA CLUB VISITS	YOUR REWARD
Submit all Area Club Visit Reports by August 31, 2017 & February 28, 2018	Gold Medallion
Submit all Area Club Visit Reports by September 30, 2017 & March 31, 2018	Silver Medallion
Submit all Area Club Visit Reports by October 31, 2017 & April 30, 2018	Bronze Medallion
Visit all clubs a minimum of three times and have club President's signature on Club Visit Form	\$20 Gift Certificate
IF YOU ARE DIVISION DIRECTOR...	
HEALTHY DIVISION	YOUR REWARD
End the year with 50% + 1 of the division's base clubs earning Distinguished Club or better, <b>with no net loss in clubs.</b>	Plaque (awarded during Hall of Fame event)
Denver - Base 36; Distinguished Clubs - 19 Eastern - Base 29; Distinguished Clubs - 16 Foothills - Base 39; Distinguished Clubs 21 Metro - Base 28; Distinguished Clubs - 15 Northern - Base 13; Distinguished Clubs - 8 Southern - Base 23; Distinguished Clubs - 13 Urban - Base 20; Distinguished Clubs - 11	
MEMBERSHIP RENEWALS	YOUR REWARD
All Base Clubs within all Areas have a minimum of eight paid membership dues for October renewal period by October 10, 2017	\$50 Gift Certificate
All Base Clubs within all Areas have a minimum of eight paid membership dues for April renewal period by April 10, 2018	\$50 Gift Certificate
IF YOU ARE EXTENSION CHAIR...	
CHARTERING CLUBS	YOUR REWARD
Assist Extension Coordinators in chartering 25 club	\$75 Gift Certificate
Assist Extension Coordinators in chartering 20 clubs	\$40 Gift Certificate
Assist Extension Coordinators in chartering 15 clubs	\$25 Gift Certificate

IF YOU ARE AN EXTENSION COORDINATOR...	
CHARTERING CLUBS	YOUR REWARD
<p>Charter the number of designated clubs by presiding over the Kick-Off Meeting, Organizational Meeting and assisting with charter forms to charter by June 30, 2018</p> <p>Denver - 3 clubs                      Eastern - 2 clubs                      Foothills - 2 clubs                      Metro - 3 clubs                      Northern - 1 clubs                      Southern - 2 clubs                      Urban - 2 clubs</p>	\$50 Gift certificate
<p>Serve in a meeting role for 10 or more Kick-Off meetings, whether or not in your division.</p>	\$15 Gift Certificate
IF YOU ARE RETENTION CHAIR...	
RECRUITING EFFORTS	YOUR REWARD
<p>Assist Retention Coordinators in recruiting 30 or more Club Coaches</p>	\$75 Gift Certificate
<p>Assist Retention Coordinators in recruiting 20-29 Club Coaches</p>	\$50 Gift Certificate
<p>Assist Retention Coordinators in recruiting 10-19 Club Coaches</p>	\$25 Gift Certificate
IF YOU ARE A RETENTION COORDINATOR...	
RECRUITING EFFORTS	YOUR REWARD
<p>Recruit Club Coaches for all clubs in your Division who qualify for a Club Coach</p>	\$60 Gift Certificate
<p>Recruit Club Coaches for 75% of all clubs in your Division who qualify for a Club Coach</p>	\$40 Gift Certificate
<p>Recruit Club Coaches for 50% of all clubs in your Division who qualify for a Club Coach</p>	\$20 Gift Certificate
IF YOU ARE A CLUB COACH...	
REACHING DISTINGUISHED	YOUR REWARD
<p>Club reaches President's Distinguished</p>	\$75 Gift Certificate
<p>Club reaches Select Distinguished</p>	\$50 Gift Certificate
<p>Club reaches Distinguished</p>	\$25 Gift Certificate
MEMBERSHIP GROWTH	YOUR REWARD
<p>Club did not achieve Distinguished status but membership improved</p>	
<p>Help club increase membership by net 3 members by June 30, 2018</p>	\$15 Gift Certificate
<p>Help Club increase membership by net 5 members by June 30, 2018</p>	\$25 Gift Certificate

IF YOU ARE A CLUB MENTOR...	
COMPLETING YOUR ASSIGNMENT	YOUR REWARD
Complete Mentor Check List and have Club President's signature on District's check list and WHQ Club Mentor	\$25 Gift Certificate

**Register Now**

**Toastmasters Leadership Institute (TLI)**

**Clubs: Train ALL 7 Officers and receive a \$25 gift certificate to Toastmasters online store!**

**\*\*\*\*Select GREEN to REGISTER NOW\*\*\*\***

**Southern TLI**

Saturday, January 6, 2018

7:30AM to 1:00PM

The Navigators

3820 N 30th Street

Colorado Springs, CO

**Eastern TLI**

Saturday, January 20, 2018

8:00AM to 1:00PM

Medical Center of the Rockies

2500 Rocky Mountain Avenue

Loveland, CO

**Denver Metro TLI**

Saturday, January 13, 2018

7:00AM to 1:30PM

Anschulz Medical Campus

Education 2 South Building

13121 East 17th Avenue, Aurora, CO

**Northern TLI**

Saturday, January 27, 2018

8:30AM to 1:00PM

Laramie County Community College

ARP Building (North side of campus)

1400 E College Dr, Cheyenne, WY



# Member Recognition Corner

Cynthia Cunningham, Administration Manager

## December Educational Awards

Toastmasters International is undergoing annual inventory from 12/13/17 thru 01/02/18.

No educational award or charter club applications are being processed in the interim.

### December Educational Awards (Since November 27<sup>th</sup>)

#### Competent Communicator

- Pat Condon (11/29)
- Yogesh Varathan
- Jody Pollack
- Joey Gallegos
- Darren Moyer
- Tim Chorley
- Hardesh Khatri
- Julie Carroll
- Kristen Adelman
- Marty Perl
- Anne Marie Brummer
- Debbie Walker
- Dan Andrews
- Lynda Carpenter
- Teresa Parish
- Lorrie Boyer
- Sarah Beasley

#### Advanced Communicator Bronze

- Stephen Bailey (11/29)
- Jeff Ruiz (11/30)
- Jeffrey Sinclair
- Jennifer Dunne

#### Advanced Communicator Silver

- Richard Barrett (11/28)
- Gregory Williams (11/28)
- Joseph McCarthy
- N. Veronica Cortes

#### Advanced Communicator Gold

- Sarah Beasley

#### Competent Leader

- Pat Condon (11/29)
- Gretchen Vaughn
- Colleen Mahoney

#### Competent Leader (Con't)

- Bob Wilson
- Nancy Adams
- Ronald Podboy
- Nic Breen

#### Advanced Leader Bronze

- Katuska Vergith (11/27)
- Juan Hernandez (11/27)

#### Advanced Leader Silver

- No recipients

#### Distinguished Toastmaster

- No recipients

#### Leadership Excellence

- Marni Myers
- Melissa Butler

#### Triple Crown

- Sarah Beasley, LDREXC, ACG, CL
- Marni Myers, ACS, LDREXC, ALB

#### Club Anniversaries

Congratulations to "Cloud Nine Toastmasters!" The club will celebrate its 5th anniversary on January 15th.

#### Charter Clubs

"Lockmasters" chartered on December 1st. Congratulations!



## What's Happening Around the District?

### Western Slope Provides

### New Voices to Liberty

By: Bobbie Daniel

Western Slope Liberty Toastmasters started gathering support in April 2016, chartering that following September. Our club has experienced many wonderful success stories fostering leadership and communications skills.

Ken Brownlee, a charter member, is also our Mesa County Assessor. Mr. Brownlee saw a complex issue in his job that needed to be addressed with legislation. With constructive criticism from members of our club, he was able to articulate to our Colorado State House Representative what needed to be changed and how it should work. The bill was passed in this legislative session largely due to Mr. Brownlee's ability to effectively communicate.

Another charter member, Kevin McCarney gave the speech of a lifetime running for a statewide leadership position in his political party. Although Mr. McCarney is a lifelong public speaker, he was able to effectively communicate his platform and his leadership skills with constant practice while in Liberty Toastmasters.

Sherronna Bishop, also a charter member, had always been a confident speaker in her business. Liberty Toastmasters helped her articulate timeless principals for her to be a more effective leader in her local community. Mrs. Bishop helped start Moms Empower Moms which empowers moms with shared civic knowledge. Mrs. Bishop is a strong voice in education and empowering our students to realize their full God-given potential.

These are just a few success stories in our Western Slope Liberty Toastmasters.

We can't wait to see what 2018 holds for our members!!

## The lesson I learned as a Test Speaker that will change everything

By: Gretchen Vaughn

In November, I crossed an item off of my Toastmasters bucket list: Being a Test Speaker for the District 26 Evaluation Contest. Thank goodness one of my primary duties was to give an imperfect speech.

I have two consistent problems in my speaking: Long introductions; and a lack of a thread in my manual speeches. Although all the clubs I have belonged to have amazing evaluators, in this one case, they had only identified the symptom and not the underlying problem.



At the district contest, my opening was a story of how when it comes to movie ratings, I am my mother's "adult guardian." I didn't know if I should take her to see *The King's Speech*, which was rated 'R'. That introduction was over three minutes!

The problem? I love storytelling. When I connect with an audience, I don't ever want to let go. It has gotten worse this year as I became addicted to telling true, personal, five-minute stories at The Moth StorySlam. But, a five-minute introduction to a "Research Your Topic" speech is far too long.

In hearing seven different variations of a common suggestion, I finally heard the solution: Don't tell the entire story in the beginning; tell parts of it with each point, building throughout the speech.

EUREKA! Now I'll state my point clearly and up front, without having to let go of my story and the fun I'm having with the audience. Thank you to all the evaluation contestants! Together you have given me a lifelong gift.



## **Making a Difference**

By: Jean Walter, Toastmaster

***"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."*** - Margaret Mead

Here in La Plata County, Earlybird Toastmasters aren't trying to change the whole world, but we're making a big difference in our community. With a wonderful mix of veteran Toastmasters and newcomers, educators, business professionals, politicians, young people and older, we meet at breakfast time Friday mornings and help all our members meet their communication and leadership goals.

We encourage "every speech a book speech" and all the projects that make for Distinguished Club status, and hopefully this year, Select Distinguished.

This is our third year for a Youth Leadership program in a local school, and as much as it's helped the students who have participated, it's been an amazing learning experience for all of us who have led the groups. This was also our third year for participating in the local Chamber of Commerce "Table Top Expo," a high energy, high attendance event designed to show off your business, or, in our case, our program to its best advantage and attract new members. The high school and other youth organizations, such as FFA, often call on us to help judge oratory and debate contests.

We send our appreciation to Toastmasters International for making such an incredible learning and growth experience available to all comers and at a cost that doesn't break the bank, and we send everyone all good wishes for the New Year.



## **Welcome to January!**

### **The month of resolute change.**

By: Laria Lovec, Foothills Division Director

Changes are coming our way. Every year starts this way. This year is different because Toastmasters is bringing a new educational system, Pathways. Each of us will be in control of our learning by following a path that meets our needs. While we contemplate the start of a new calendar year, our resolutions, and traveling down this new path; I suggest we pause, and express gratitude to those who helped us get to today.

I have a gratitude jar in my living room that has little squares of paper that I have written "thank-yous" for events I want to commemorate. As I write this article, I'm reminded to add to the jar. In 2017, I traveled with great people who have opened my eyes. They were different than the usual traveling with family: beating land records, great conversations, music and new challenges.

That's how I see Pathways. We will be challenged to learn about ourselves, test our boundaries, broadening our skills in ways we didn't know possible. Unlike resolutions, new jobs, and other changes we make in our lives, each of us will be traversing our paths at the same time as other Toastmasters (perhaps the same one). It's not often we experience changes at the same time as others. As we embark on a new adventure together, it's a particularly good time to express our gratitude. Thank those who helped, those who encouraged, the road blocks, and the opportunities. Open yourself to the possibilities!



## Keep Our District Connected

If you are not following us on Social Media, please do. This is the best way for the District to keep you aware and keep us aware of what is going on in our District so that we may best support it.

The links are below:

- Facebook <https://www.facebook.com/D26Toastmasters/>
- Twitter <https://twitter.com/D26Toastmasters?lang=en>
- LinkedIn <https://www.linkedin.com/company-beta/390685/>
- Instagram <https://www.instagram.com/district26toastmasters/>
- You Tube [https://www.youtube.com/channel/UCRAAnj3Sg3NT7Z\\_UyCoxa\\_A](https://www.youtube.com/channel/UCRAAnj3Sg3NT7Z_UyCoxa_A)
- Best way to keep track of these in your clubs is [www.Buffer.com](http://www.Buffer.com) - Give it a try!



If you have information for Social Media that you would like us to share on one or more of the D26 Social Media pages please email me at :

Trixie Hunter-Merrill, Social Media Chair

[D26SocialMedia1718@D26Leaders.org](mailto:D26SocialMedia1718@D26Leaders.org)

More info about Guidelines and what to share can be found at

<http://www.d26toastmasters.org/members/social-media-and-district-26>



Michelle Mras, DTM  
Newsletter Editor

## WANTED: Articles

Hello fellow Toastmasters. The entire District would love the opportunity to celebrate with you. What's going on in your Club, Area or Division? Write an article and share a photo. See below for the submission protocol and send it to me. If you need help writing, let me know and I will help you develop it. Let's share and raise the bar throughout District 26!

### DIALOGUE SUBMISSION PROTOCOLS

Articles limited to 250 words or less along with a photo of yourself or a representation of the event. The submission deadline is the 15th of each month. Send articles and photos to the editor [newsletter@d26leaders.org](mailto:newsletter@d26leaders.org).

Please state "D26 newsletter/ month / Title" in the subject line.