



News from Foothills Division

by Clare Kennelly, Foothills Division Director



“The best way to find yourself is to lose yourself in the service of others.” Using this quote from Gandhi, Colette Smith describes the inspiration she finds in her role as Foothills Retention Coordinator. These words convey a spirit of service I see in the entire Foothills leadership team, with whom I am honored to work:

- Amber Clark, Foothills Extension Coordinator
- Colette Smith, Foothills Retention Coordinator
- Alan Swartz, F1 Area Director
- Penny Alleman, F2 Area Director
- Frank DeDominicis, F3 Area Director
- Joe Schneckenberger, F4 Area Director
- May Tran, F5 Area Director
- Pattie Koop, F6 Area Director
- John Yarbrough, F7 Area Director

Foothills Division stretches from Broomfield in the north to Durango in the southwest. Outside the metro area, Foothills clubs can be found in the cities of Frisco, Evergreen, Aspen, Grand Junction, Durango, Delta, and Rifle. Alan and Penny drive long distances to support their clubs in the mountains and on the West Slope. Clubs from F1 and F2 sometimes collaborate with clubs from adjoining states to help out when needed. For example, the Club Growth Director from District 15 was looking for a mentor from Utah for the new club in Steamboat Springs, and Penny invited clubs from New Mexico to participate in the Club Officer Training conducted in Durango.

Foothills Division is pleased to add four new clubs with an additional club in the process of chartering in Lakewood. The Summit club in Frisco is very proud that one of its members, Steven Heidenreich, was selected as the Keynote Speaker for the Denver TLI held on January 14, 2017.

Across the division, several clubs are active in their communities hosting programs like Youth Leadership and SpeechCraft. Some clubs hold debates with other clubs inside or outside of the division. Some Area Directors are working on HPL projects through their role. Area Council meetings have proven highly successful – Pattie notes in F6, they have provided a sense of community and connectedness that will set the foundations with the Pathways rolls out. Frank has observed how proud he is of the manner in which “each club deals realistically with challenges and sometimes tough choices.” When Foothills clubs face challenges, Colette is always ready to help with creative suggestions.

Foothills Leadership team looks forward to an exciting second half of this Toastmasters year. I believe we have all been positively changed by our experience working with Foothills members and clubs. As Pattie advises, “If you want to learn more about yourself and your capacity to care deeply about clubs and members ... sign up today to be an Area Director.”

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Dues Due

March 31, 2017

Larry Scantland, Dialogue Editor

D26 LEADERS

Darryle Brown, District Director

Rhea Thompson, Program Quality Director

Marcia Wood, Club Growth Director

David Johnson, Public Relations Officer

Jennifer Costello, Administration Manager

Brenda Uitts, Finance Manager

Chyrese Exline, Club Coach Chair

OPEN, Club Extension Chair

Greg Harris, Webmaster

Alexander Pyle, Technology Lead

Kelsey Robb, Clancy Taylor, Speakers Bureau Chairs

Lori High, Quality Events Chair

DIVISION DIRECTORS

listed alphabetically by Division

Jacqueline Smith, Denver

John Withrow, Eastern

Clare Kennelly, Foothills

Tom Marrs, Metro

Dana Morgan Barnes, Northern

David Mead, Southern

MISSION STATEMENTS

Toastmasters International Mission: We empower individuals to become more effective communicators and leaders.

District Mission: We build new clubs and support all clubs in achieving excellence.

Club Mission: We provide a supportive and positive learning experience in which member are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

d26toastmasters.org / facebook.com/d26toastmasters



In Remembrance – Kathy Schneebeck Dulnoan

by Kelsey Robb (Eulogy at Kathy's Wake, January 21, 2017)

It is a true testament to Kathy's impact on the world that so many people are sending their good wishes. I first met Kathy as many of you did, through Toastmasters. I distinctly remember the day because I went as a guest and by the time I left my conversation with Kathy, not only was I a member but she had signed me up for a role at the next meeting.

Kathy taught me how to say yes. She taught me how to say yes to new experiences, to meeting new people, to trying new things. It did not matter where or when someone needed her, she said yes. I told her once that all I needed in a crowd was a single friendly face and that would give me the confidence to go up and speak.

From then on, she made it a point to be there when I spoke, and to always sit where I could see her smile from the stage. One speech in particular was making me nervous, and she said "you can do this. I'm right there with you- I'll be the one with a smile."

I have given a lot of speeches and this one might just be the hardest. I thought of that moment before I got up here, and heard her words – "you can do this. I'm right there with you- I'll be the one with a smile." Because she said yes to so many people and so many experiences, I see her smile radiating on your faces here today.

Always willing to be there, Kathy was my mentor and coach since I started (in Toastmasters), and I know I am not the only one. When I think of Kathy, I think of her incredible ability to meet people where they are and help get them where they want to go. Whether it was a brand new Toastmaster trying to get up the courage to stand in front of a crowd, or a 30 year veteran trying to learn a new skill, Kathy did whatever she could to make it happen. Just last week when I saw her and shared with her a new goal of mine, she looked me right in the eye and said let's set up a plan and figure out how I can help you – a true servant leader at heart.



Kathy Schneebeck Dulnoan and Kelsey Robb,
January 11, 2017 – Evening Stars

Kathy was not one for the spotlight. In fact, she would do whatever she could to make sure someone else got credit. One year when I was club president, she was my VP (of Education) and I chose her for the mentor of the year award. She found out somehow... because she seemed to always know everything... and she asked me if we could just skip the formal presentation. Because for her, being a mentor was not about getting a trophy. It was about helping others get the trophy. I did not listen to her and still made a formal presentation.

Kathy's accomplishments were too many to list here. She achieved Distinguished Toastmaster status in near-record time, she was named Toastmaster of the Year at the club, area, division, and even district level, which is just unheard of. Every single club she was part of became successful, multiple clubs have her to thank for getting started, and thousands of people are better communicators and leaders because of her. *(continued on page 7)*



A message from your District Director, Darryle Brown, MBA, DTM

THEY MADE AN IMPACT

In the past year, District 26 lost three valued Toastmasters with whom many had close ties. Pat Upchurch, Luc Moens, and Kathy Schneebeck Dulnoan had a presence that was individual and unforgettable.

Each demonstrated leadership, service, and honor that have inspired and will continue to inspire so many of us in the District for years to come. They were all accomplished leaders and communicators who made those around them better Toastmasters and feel better about themselves.

It was a blessing to have them in our lives, as they clearly knew what it meant to uplift others and demonstrated it without limit or hesitation. They served not because they sought praise or recognition, but because they loved their fellow Toastmasters in their clubs and wanted to bring out the best in everyone they encountered. As I hear about the acknowledgements and memories of these remarkable Toastmasters, I am so glad that we had them for the time we did.

The shock of losing those we care about regardless if they are family or not; still feel the same. It is who they meant to us. We miss their smile, their laugh, their speeches, and that we can no longer give them a call to say hello. It will not be the same without them, but I am sure their hearts' desire is for us to carry on their legacy of service to this great District and honor them in the manner in which they did. Thank you, Pat, Luc, and Kathy. You are forever in our hearts, because you made an impact without ever seeking the acclaim.



Pat Upchurch



Luc Moens



Kathy Schneebeck Dulnoan

A message from your Program Quality Director, Rhea Thompson, DTM

MEMBERSHIP BUILDING

It is now February and time to be thinking about dues renewals and how that might affect our clubs. Is your club one whose entire membership renews every April and October? Congratulations, well done!

For those not so fortunate, fear not, help is on the way! Beginning February 1 and continuing through March 31 we have the opportunity to join hundreds of other clubs in the "Talk Up



Toastmasters” membership-building contest. The goal is to add five new, dual or reinstated members to our club during this period.

What are the benefits? A healthy, vibrant club alive with fresh new ideas brought to us through our new members. Perhaps we might have the opportunity to learn about new cultures, form new friendships and enjoy meetings in which we are not always asked to perform a meeting role!

Other benefits include a ribbon to add to our collection of ribbons on our banner and a special discount code for ten percent off our next club order. What club cannot use extra funds for supplies?

How do we get started? Hold an Open House, publicize the event on our Facebook page and club website, and provide snacks for our guests to enjoy while they listen to someone give an “Ice Breaker” speech.

Let us protect our club’s future by introducing new people to Toastmasters while at the same time providing our guests the opportunity to become better communicators and leaders!

A Message from your Club Growth Director, Marcia Wood, DTM



GARDENING IS CHEAPER THAN THERAPY—AND YOU GET TOMATOES

What is it about digging in the dirt? Planting seeds, watching them grow, harvesting the rewards? I was lucky to have a father who taught me how to grow a garden. He taught me to be a suburban farmer, growing veggies, restoring the nutrients of the earth, and caring for the land and the environment, even if it was just a small portion of his family farm. He worked hard and was patient to let the plants flourish.

My father resembled my grandfather and grandmother who worked very hard to operate their dairy farm, the hay fields, and the apple orchard, while raising a family and leaving a legacy.

February is when I plan my spring garden. Beets and heirloom tomatoes are definitely on the list this year. The rainbow chard is always welcome to regrow itself in the raised bed.

Grow and regrow. Raise a family, leave a legacy. Are these analogies for your own Toastmasters experience? Absolutely! We grow our own skills and we regrow our clubs by being the leaders and mentors of the new members. We can even expand our reach to other clubs by becoming club mentors and coaches. We raise a family of Toastmasters, and we leave it better than before we started.

Toastmasters is fertile ground. Mentoring and coaching opportunities are available in every division of District 26. I invite you to plant your garden and watch the seedlings grow!

UPCOMING DISTRICT 26 EVENTS

d26toastmasters.org/calendar

Fellow Toastmasters, please take the time to either add the Toastmasters [calendar](#) link to your phone or computer. This will help you to stay up-to-date on all of the great activity in District 26.

February 2017

Officer Training Sessions will take place throughout District 26. For any club officer who has not received training at one of the major Toastmasters Leadership Institute held during January and February, these sessions are meant to help you get the required training for you and your club. By training a minimum of four officers, your club will receive credit toward the Distinguished Club Program which helps everyone in the District.

February/March 2017

Club and Area Contest will spring into full action as we determine who will be the 2016-2017 District 26 representative for the World Championship of Public Speaking. This Winter/Spring event will begin at the club level for International Speech. To compete, a Toastmaster must have completed at least six speeches, be in good standing by paying dues prior to April 1, 2017, and not be a current District 26 officer. If you are a member of a club that is not holding a contest, but wish to compete, please speak with your Vice President of Education or President to note your interest. They may direct you or you can reach out the Area Director of your club to offer guidance. This is a 5-7 minute speech. Partnering alongside will be the District's Table Topic contest, which is open to all Toastmasters, except current District 26 officers and any Toastmaster that is not current with their club membership.

April 2017

The conclusion of the Area contest and the beginning of the Division contest start in April. Additionally, all dues must be collected by April 1, 2017 to receive credit towards the Distinguished Club Program.

Saturday, April 15, 2017 – Denver Division (AM) / Metro Division (PM)

Saturday, April 22, 2017 – Southern Division (PM)

Saturday, April 29, 2017 – Eastern Division (AM) / Foothills (PM)

Saturday, May 6, 2017 – Northern Division (AM)

May 2017

The Spring Conference has been set for May 19-20, 2017, where District 26 will elect the officers to guide us for 2017-2018.

District 26 Toastmasters, all of these events from Area, Division, and District will need volunteers to help ensure that each contestant has an equal opportunity and that each officer will receive the best training ever. If you would like to work on your High Performance Leadership, there are many opportunities. Reach out to your Area Director and copy the Division Director to let them know of your interest.

Additionally, work with the Trio (Darryle, Rhea, or Marcia) or the District Quality Events Chair (Lori) to let them know of your interest if you wish to assist with the Spring Conference. Without our great Toastmasters here in District 26, nothing is successful. We need you to step up and lead.

KSD - CONTINUED

(continued from page 3)

She would always light up the room whenever she entered, sharing her passion for helping others, her love of family and the fur babies, her love of hockey (particularly the Avs), and do not forget about free pie. Her kindness and genuine heart created an environment that helped all of us succeed. She removed every barrier she could for everyone else's success. And in the process built a community.

Kathy gave us the smile we needed, when we needed it. Now it is our turn to take on that role and show the world what it means to smile. To care enough to listen. To say yes. Because every time we help someone else succeed, or help share a burden, or lend a smile, we honor her.

DUES INFORMATION

Toastmasters International requires all clubs to renew our membership twice each year. These dates are October 1st and April 1st. Renewal fees are \$45 for April thru September.

So it is important to start in February broadcasting and messaging your club members about the due date.

ALL clubs must submit their members' renewal fees before April 1, 2017; this includes those clubs who have recently chartered. If your charter fees did not include payment through March 31, 2017 for each member, please ask your Mentor to help you determine the proper amount to submit.

Because the grace period has been removed, it is imperative that each club set the due date at least a week before April 1, 2017. This will allow ample time for clubs to submit membership updates.

A club must submit dues for at least eight members to counted as renewed. Additionally, if a club has not renewed, but a member has, and that member is competing in the Area or Division contest, note, they will not be able to compete until the club is current. So club officers, work with your members to ensure you are ahead of the pack.

Will your club be one of the first to submit all members' renewals?

**Set your Club Dues –
Due Date in March!**

MARCH 2017						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

Club Dues
MUST BE SUBMITTED
by April 1, 2017

CHARTER CELEBRATION

Congratulations to District 26's newest club as they celebrated their Charter party during January 2017.

Western Slope Liberty



ROBERT CASE, CHERRY CREEK TOASTMASTERS

Congratulations to Robert Case, past president of Cherry Creek Toastmasters whose submission to the *Toastmasters International Magazine* was accepted and will appear in the February 2017 issue. This story, which originally was published in the September 2016 District 26 Dialogue, will now be shared with Toastmasters worldwide.

NO TIME LIKE THE PRESENT

Each of us knows what we personally want out of our Toastmasters experience. For some, it is the ultimate goal of becoming the World Champion of Public Speaking. For some, it is to become the youngest person to become the World Champions of Public Speaking. Yet, for others it may be achieving your Distinguished Toastmaster award, or serve as a District Leader. And then for some it is just attending meetings, giving speeches, and having fun.

That is the core value of District 26. We are all here to help you succeed. You just need to let us know. The Trio, District and Area Directors, and your fellow club members want to see you succeed. In Toastmasters, this year is full of change, so we need you to become the new leaders and take us through Pathways, the relocation of Toastmasters International to Denver, the International Convention will be here right after. There is a lot of places for you to excel and take your steps that you want to succeed.

DIALOGUE SUBMISSION PROTOCOLS

The Dialogue is open to any Toastmaster in District 26 to submit an article. Remember this is your newsletter; however please limit your word count to 250 words. We would also like a picture of either you or the event. The deadline for the March issue will be February 15, 2017. Please note, I will be taking my first real vacation in almost nine years starting February 22, 2017 through February 28, 2017, so I will need your submission for the Dialogue by the due date.

CLUB OFFICER TRAINING – DATES

by Rhea Thompson, Club Growth Director

Club officer training sessions have proven results. Clubs who have all seven of the club officers trained directly results into clubs that prosper. Training helps your club members reach their goals, your meetings are exciting and fun, and any potential new member is welcomed into the program.

Club officer training is also a requirement for the Distinguished Club Plan. So if your club met the requirement this past summer, you still will need to get your officers trained to achieve the goal.

The District leaders have worked hard to schedule a variety of days, times, and locations to meet our members' needs. We realize the weekend may not always be best for everyone, so please check the District 26 [calendar](http://d26toastmasters.org/calendar/) at d26toastmasters.org/calendar/ to locate a day, time, and location that best fits your needs. The list below is preliminary and additional dates may be added, so please remember to check the calendar to get directions to the location.

Club Presidents it is your responsibility to talk with your officers to ensure all officers are trained.

Thursday, February 2, 2017

Southern Club Officer Training

When: 6:15pm – 8:30pm

Where: Rockrimmon Library,
832 Village Center Drive
Colorado Springs, CO 80919

Saturday, February 11, 2017

Foothills Club Officer Training open to everyone

When: 8:30am – 11:00am

Where: St. Anthony's Hospital
1600 West 2nd Place
Lakewood, CO 80228

Saturday, February 18, 2017

Southern Club Officer Training

When: 9:30am – 12:00pm

Where: 3737 Airport Road
Colorado Springs, CO 80916

Saturday, February 18, 2017

Metro Club Officer Training

When: 1:00pm – 3:30pm

Where: Highlands Ranch Library,
James H. LaRue (Douglas County Libraries),
9292 South Ridgeline Boulevard
Highlands Ranch, CO 80129

Tuesday, February 21, 2017

Statera Club Officer Training

When: 9:00am – 11:15am

Where: Statera
6501 East Belleview
Centennial, CO 80111

Thursday, February 23, 2016

Metro Club Officer Training

When: 6:00pm – 8:30pm

Where: Southeast Christian Church
9650 Jordan Road
Parker, CO 80134

Sunday, February 26, 2017

Denver/Metro Club Officer Training

When: 3:00pm – 5:30pm

Where: Smoky Hill Library
5430 South Biscay Circle
Centennial, CO 80015

Monday, February 27, 2017

Denver Club Officer Training

When: 11:00am – 1:30pm

Where: RTD Headquarters
1600 Blake Street
Denver, CO 80202

WE WILL MISS YOU KATHY

